



DIFFERENCES IN BEHAVIORAL HEALTH SUPPORT

(This card is used to facilitate instruction, questions to ask – answers ETC... If the back is required – that's OK – but try to limit to one card for reference)

Differences in Behavior Health Support

Psychologists:

- Training and education includes at least six years of graduate study.
- Have the most rigorous graduate training in theories and techniques of psychotherapy.

Only psychologists can administer and report the results of psychological tests.

Psychiatrists:

- Receive an additional four years of specialized mental health training.
- Treat the full range of emotional and mental disorders, and are licensed to prescribe medication. Specialize with people with various mental illnesses.
- Work with patients on a regular basis. They design treatment programs that will best help patients according to their specific needs.

Social Workers:

- Help individuals deal with mental health and daily living problems.
- Complete intakes and assessments.
- Assist family members in understanding the clients' needs

Chaplains:

- Offer therapy to individuals, couples, families, and groups and their approach is shaped by their religion.
- Provide consultation and leadership in personal, family, and spiritual growth.

Provide advice in matters pertaining to religion, morals and morale.

Behavioral Health Technician (BHT):

- Screens patient for safety before seeing a provider.
- Gathers all necessary information and briefs the provider on the severity of the situation.
- Coordinate treatments with the providers.
- Facilitate groups such as Anger Management, Coping Skills, Sleep Hygiene, and Stress Management.