



LEADERSHIP PRESENCE

(This card is used to facilitate instruction, questions to ask – answers ETC... If the back is required – that's OK – but try to limit to one card for reference)

1. Define what it means to be a Leader of Presence

- Military Bearing
- Physically fit
- Confident
- Resilient

2. How does the impression of a leader contribute to the success of getting people to follow?

3. Why does pride in your appearance help you to lead others?

4. Physical fitness and mental fitness go hand in hand. Explain why?