



# RACISM / SEXISM

(This card is used to facilitate instruction, questions to ask – answers ETC... If the back is required – that’s OK – but try to limit to one card for reference)

## RACISM / SEXISM

### 1. What is Racism and Sexism

They are the transformation of prejudice, based on race or gender through the exercise of power and authority against the group defined as inferior by individuals and institutions with the intentional or unintentional support of the culture.

- In general, people are socialized that it’s acceptable to be a little sexist, but it’s not to be a little racist
- You must understand they are both unacceptable forms of behavior and should be treated with equal importance

## RACISM / SEXISM

### 2. What are racist and sexist behaviors?

- a) Ignoring
- b) Speaking For
- c) Testimonials
- d) Ethnic, Racist, Sexist Jokes
- e) Stereotypical Language
- f) Dubious Supervision

### 3. Strategies for Combating racist and Sexist behavior

- a) Education
- b) Awareness
- c) Participation
- d) Self-Analyze
- e) Acknowledgement and understanding differences