



Family Relationships & Responsibilities

TASK: Discuss the topic of family relationships and responsibilities.

CONDITIONS: Given an environment that fosters learning, discuss the topic of family relationships and responsibilities.

STANDARDS: Understand why family relationships and responsibilities extend beyond service as a Soldier.

REFERENCE(S): ADRP 1; Army Values.



Family Relationships & Responsibilities

To Build Healthy Family Relationships and Responsibilities,
Follow the Family PCC/PCI:

P – Parents Model
C – Communicate
C – Cooperate

P – Prepare
C – Commit
I – Identity



Family Relationships & Responsibilities

P – Parents Model

- ✓ Parents lead by example
- ✓ Parents stay on the same page with each other
- ✓ Parents give support and encourage children

C – Communicate

- ✓ Use active listening skills
- ✓ Set clear expectations
- ✓ Give all members of the family the time and space to fully communicate

C – Cooperate

- ✓ Be a team player
- ✓ Set family goals and work towards them together
- ✓ Be open to compromise



Family Relationships & Responsibilities

P – Prepare

- ✓ Plan for the future and set your family up for success
- ✓ Be flexible and be prepared for change. Lean forward and anticipate change
- ✓ Have a 5, 10, and 20-year plan for the family

C – Commit

- ✓ Make others' wellbeing a top priority
- ✓ Make promises and keep them
- ✓ Be committed to the growth and success of each family member

I – Identity

- ✓ Establish a family identity based on your values and morals
- ✓ Encourage individuality
- ✓ Recognize and accept that everyone has different personalities