

Directorate of Human Resources (DHR)

ARMY SUBSTANCE ABUSE PROGRAM (ASAP)

514 South terminal Road

Fort Buchanan, PR 00934

ASAP

Army Substance Abuse Program

The Ft Buchanan ASAP's mission is to strengthen overall fitness and effectiveness of the total bilingual workforce and to enhance combat readiness through premium substance abuse prevention support and services to the entire command, service members, retirees, civilians and their family members. Services are provided for all I.D. cardholders eligible to receive military medical services to include family members and retirees.

Services Provided

The ASAP provides drug and alcohol use/abuse prevention education & awareness and bio-chemical testing services. ASAP is the POC for the Employee Assistance Program (EAP), whose services are provide through the Federal Occupational Health (FOH) and for Suicide Prevention. Commanders and supervisors who use the ASAP as a manpower conservation and human resource management tool can expect an exceptional, nationally accredited service that will enhance unit and organizational readiness and morale.

Hours of Operations

Our hours of operation are: Monday thru Friday from 0700 to 1600 HRS.

Location

ASAP is located at 514 South Terminal Road Fort Buchanan, PR 00934

Procedures

There are several types of referral

- Self: Military or civilian individuals who feel they may have a substance abuse problem may refer themselves to the ASAP at any time.

- Command: Commanders will refer individuals to the ASAP for screening/referral for suspected substance abuse.
- Medical: Medical Treatment Facility refers individuals to the ASAP due to medical concerns of substance abuse or alcohol involvement in family advocacy cases.
- Biochemical: Any service member who receives a positive urinalysis must be referred to the ASAP, IAW AR-600-85.
- Apprehension/Investigation: Any service member identified on a Military Police blotter report for an alcohol or drug related incident must be referred to the ASAP, IAW AR 600 - 85.

How to request services

Services are requested by visiting us, calling our office or through email, as follows:

Army Substance Abuse Specialist
carlos.m.montanez2.civ@mail.mil
787-707-3825

Documents

[AR 600-85, dated 28 November 2016](#)

DHR, Fort Buchanan, P.R.

ASAP

Suicide Prevention Program

Service Provided

- Suicide Awareness and Prevntion Training

Hours of Operations

Monday thru Friday from 0700- 1600

Location

Suicide Prevention Program Manager
514 South Terminal Road
787-707-3125

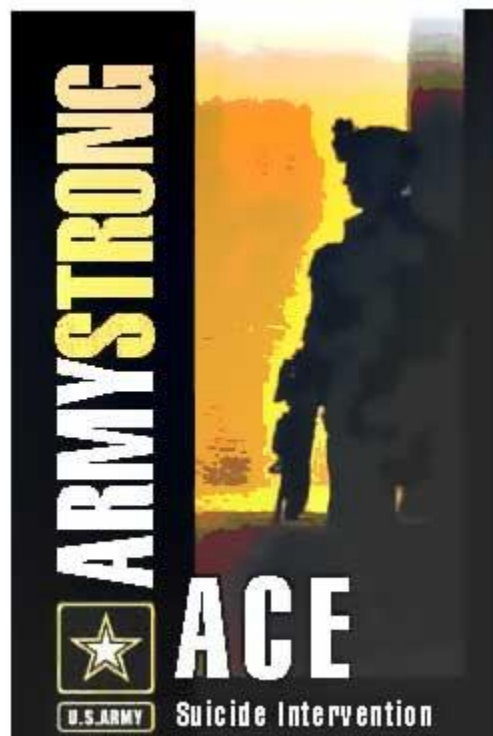
How to request services

Services might be request by phone or walk-ins.

Links

Life Lines

- Army G-1, Army Well Being Liaison Office – 1-800-833-6622
- Wounded Soldier and Family Hotline – 1-800-984-8523
- Emergency: 911
- www.armyfamiliesonline.org – 1-800-833-6622
- www.militaryonesource.com – 1-800-342-9647
- National Suicide Hotline – 1-800-SUICIDE (784-2433)
- www.suicidepreventionline.org – 1-800-273-TALK (8255)
- Tragedy Assistance Program for Survivors (TAPS) www.taps.org 1-800-959-TAPS (8277)



Emergency Numbers

Emergency Numbers

On Post:

Police Emergency - Dial: 787-707- 4911

Fire/Medical Emergency - Dial: 787-707- 5911

Off Post: Dial 911

Military Crisis Line - 1-800-273-TALK (8255) - Press 1

National Suicide Prevention Lifeline - 1-800-273-TALK (8255)

Employee Assistance Program (EAP) - 1-800-222-0364 / 1-888-262-7848 (TTY)

Military One Source - 1-800-342-9647

The Defense Center of Excellence (DCoE) - 1-866-966-1020

Wounded Soldier and Family Hotline - 1-800-984-8523
CONUS DSN: 421-3700 / OCONUS DSN: 312-421-3700

Together, we can make a difference. Army Strong! Seek help at the first signs of stress or when having thoughts of suicide. This is a sign of courage and strength.



USACHPPM <http://chppm-www.apgea.army.mil/>

Ask your buddy

- Have the courage to ask the question, but stay calm
- Ask the question directly, e.g., Are you thinking of killing yourself?

Care for your buddy

- Remove any means that could be used for self-injury
- Calmly control the situation; do not use force
- Actively listen to produce relief

Escort your buddy

- Never leave your buddy alone
- Escort to the chain of command, a Chaplain, a behavioral health professional, or a primary care provider

TA - 095 - 0605



Helping Resources

- Military 1 Source: 1-800-464-8107
- Your Chain of Command

DHR, Fort Buchanan

ASAP

Employee Assistance Program (EAP)

Services provided through Federal Occupational Health

Federal Occupational Health has confidential help available all day, all week, all year: www.FOH4You.com (Tel. 1-800-222-0364 or 1-888-262-7848 (TTY)). The Army's EAP includes a wide variety of services for various adult living problems.

These services are provided to enhance productivity and reduce absenteeism, promote safety on the worksite, and ensure that the Army's mission is accomplished in the most efficient manner. The EAP services include but are not limited to screening, short-term counseling, and referral for all adult living problems. Guidance, advice, mediation, and prevention education on a variety of topics promote the well-being of the employee while supporting Army mission accomplishment. Supervisory services of consultation and mediation are provided to guide employees and managers in resolving issues that may impact on the productivity of the civilian workforce.

Assistance to Family members of civilian employees is provided to assist Family members in resolving adult living issues, and enhancing the employee's ability to perform the duties of the worksite.

Services

- 24/7 toll-free access
- Short-term problem-solving counseling and referral for federal employees and family members
- Legal and financial consultations
- Supervisor consultation and management skills consultation
- Orientations, and health and wellness presentations
- Crisis response services
- WorkLife services, including child and adult care resources

Hours of operation

All day, All week, and All year

Location

Outsource

Procedures

The Program is designed to assist employees and their family members with identifying problems that may affect their well-being and their ability to do their jobs effectively. At no cost to the employee and CONFIDENTIAL

How to request services

Self-Referral or Supervisor Referral by calling
1-800-222-0364 / 1-888-262-7848 (TTY)

DHR, Fort Buchanan, P.R.

ASAP

Prevention Education

Preventing the Preventable

The purpose of the prevention education program is to deter illicit substance abuse through education. The Program provides commanders, Unit Prevention Leaders (UPLs), Soldiers, DA Civilians, and Family Members the education and training necessary to make informed decisions about alcohol and other drug use. Prevention education provides Soldiers and Civilian employees with the knowledge about legal and illegal drugs and the consequence of their abuse.

Services provided

- Alcohol and Drug Abuse Prevention Training Program (ADAPT), a 12-hour prevention education and life skills building course, which provides an opportunity to intervene with identified soldiers who have exhibited high-risk substance abuse behaviors through education and awareness activities.
- Distribute prevention education material through prevention campaigns. The 3 major annual campaigns are: Suicide Prevention Month in September, Red Ribbon Week in October and Drunk and Drugged Driving (3-D) in December.

- Professional Development Classes: Guidance for military leaders on how to identify and address substance abuse in their units.
- Other specialized presentations are designed by the PC to fit organizational needs and mission requirements.

Hours of operation

Monday – Friday from 0700-1600 (Closed on weekends)

Location

514 South terminal Road, Fort Buchanan, PR. 00934

Procedures

Marketing, networking, and consulting strategies are used to promote ASAP services. Act as the community resource for substance abuse prevention education.

How to request services

Services are requested by visiting us, calling our office or through e mail, as follows:

Army Substance Abuse Specialist
carlos.m.montanez2.civ@us.army.mil
787-707-3125

DHR, Fort Buchanan, P.R.

ASAP

Installation Biochemical Testing/Drug Testing Program

Services provided

- Biochemical Testing for Civilian and Military
- Information on smart testing
- Pre-employment Drug Testing

Hours of operation

Monday – Friday from 0700-1660 (Closed on weekends)

Location

514 South Terminal Road, Fort Buchanan, PR. 00934

Procedures

Call ahead to ensure Drug Testing Coordinator is available.

How to request services

Services are requested by visiting us, calling our office or through e mail, as follows:

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