

Save the Date: Saving Lives with the C-SSRS in El Paso

June 3 - 9 AM
Fort Bliss
Centennial Banquet Hall

The Columbia-Suicide Severity Rating Scale (C-SSRS) is a simple, effective, efficient and free suicide risk assessment questionnaire. It consists of as few as two questions and can be used by anyone, anywhere to ask about suicide. The C-SSRS is used in communities and settings around the world in many primary care, clinical practice, surveillance, research, and institutional settings. The C-SSRS is **completely free** for use in these settings, and **no mental health training is required** to administer it, so its implementation **can be transformative for a community**.

Centerstone, the nation's largest provider of community-based mental healthcare, saw a 64% reduction in suicides in 10 months. **In Utah, use of the C-SSRS helped lead to the first decrease in suicide in years** and helping to reverse an alarming, increasing trend in recent years. In the United States Marine Corps, a total force roll-out of the C-SSRS helped lead to a 22% reduction in suicides. Leadership from the Department of Defense, United States Marine Corps and United States Navy discussed the use of the C-SSRS in the military at a 2015 Congressional Hearing on preventing military suicide.

Founder and Director of the Columbia Lighthouse Project and developer of the C-SSRS, Dr. Kelly Posner will conduct a series of free trainings in the C-SSRS for the El Paso Community, including a session at Fort Bliss on June 3.



THE COLUMBIA
LIGHTHOUSE
PROJECT

IDENTIFY RISK. PREVENT SUICIDE.